

## PEOPLE PROGRAM Winter/Spring NEWSLETTER



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### *Welcome Back!!!!*

Happy New Year! We are so excited to have you with us for our 2020 Spring session. We welcome many new teachers and new students on both campuses...let's assist them in any way we can to make sure that they feel a very warm welcome. The spirit of People Program is thriving, and we want it to reach every corner of the Greater New Orleans area. RAH!

A new yoga class is being offered at the Lakeshore campus: Warm Yoga, taught by experienced teacher, Angela Larson. Wednesdays at 2 pm, Dance Studio. Warm yoga is done with a room temperature of about 80 degrees. This allows your body to detox faster while making your muscles/ligaments to become more pliable. Perfect for all level yogis. Please sign at the front desk. **(Begins Feb. 5)**

**Monday, February 10, 2 pm.** **Conference Room.** Bellingrath Wealth Management will be at Lakeshore to discuss Estate Planning. Refreshments will be served.

Nursing students from the **University of Holy Cross** will be on the Lakeshore campus to lead healthcare discussions and to provide services like bloodpressure and glucose checks. The dates are: February 4, 19 and March 10,26. Times and room TBA.



### **SAVE THE DATE!!!!**

**Sunday, March 22**, People Program Annual Gala will be held at UNO. We are proud to announce that rhythm and blues singer and actor, **Wanda Rouzan** will be our honorary chair. Be ready to get on down to the tunes that Wanda will share. She will **ROCK THE HOUSE!!!!**

Tickets are once again \$60 and will go on sale February 10. Tables can be reserved as long as full payment for 10 seats is received.



Our auctions and sponsorships are integral to the success of the gala. New Orleans is a "small town" when it comes to neighbor knowing neighbor. We each are acquainted with **SOMEONE** who owns a business or with someone whose business we frequent. Please take time to consider asking for a donation for our gala...a sponsorship, gift card, an item, etc. We will have letters available for all students and teachers to use when requesting a donation. Please see Jan or Delores regarding the process involved in asking. **WE NEED YOU!**



**Mardi Gras Holidays:**  
**Monday, February 24 – Friday, February 28**

**Name tags are available for all teachers and students on both campuses.** Please ask the front desk or Doris where they are located. We need to know everyone's name! Thanks to Jane Dassey for doing all the hard work with name tags!

**Important Reminders:**

Please remove any cups or leftover food before departing the classrooms.

No drinks are allowed in the computer lab since keyboards would be at risk if spillage occurs.

Most classes finish at 5 minutes to the hour. Please make sure that all students are out of the classroom by that time, so that the next class can begin promptly.

Even though we do not have parking spot designation at the Lakeshore campus, please park correctly so as to allow as many people as possible to make use of the parking lot.



Hate junk mail? Please see Jane Dassey for the method of how to stop this aggravation.

Please Pray For:

- Anna Barbara St. Romain
- Doris Mayer
- Elton Toups
- Martha Sallettes
- Bob Kinghorn
- Gayle Barclay
- Bill Barclay
- Robert Connolly
- Anna Brans
- Loreen Vaughn
- Gloria Buisson
- Benjamin Gex
- Lynette Vicks
- Martha Wall
- Karen Lambert
- Parker Smith
- Mustafah Shabazz
- Laurie Boben
- Nathan Martin
- Rex Woodham
- Jim Valiant
- Fran Feldman
- Lawson Lugo
- Cherie Bergeron
- Bill Furlong
- Marie Mushmeche
- Lorraine Amos
- H.A. Grinstead
- Hazel Grant
- Karla LaSalle
- Greg McKnight
- Erin Buckley
- Eileen Odhne
- Cynthia Brenes



Jacob, age 92, and Rebecca, age 89, are all excited about their decision to get married. They go for a stroll to discuss the wedding, and on the way they pass a drugstore. Jacob suggests they go in.

Jacob addresses the man behind the counter:

“Are you the owner?”

The pharmacist answers, “Yes.”

Jacob: “We’re about to get married. Do you sell heart medication?”

Pharmacist: “Of course we do.”

Jacob: “How about medicine for circulation?”

Pharmacist: “All kinds.”

Jacob: “Medicine for rheumatism?”

Pharmacist: “Definitely.”

Jacob: “Medicine for memory, problems, arthritis and Alzheimer’s?”

Pharmacist: “Yes, a large variety.”

Jacob: “What about vitamins, sleeping pills and Geritol?”

Pharmacist: “Absolutely.”

Jacob: “You sell wheelchairs, walkers and chairs?”

Pharmacist: “All speeds and sizes.”

Jacob: “Everything for heartburn and indigestion?”

Pharmacist: “We sure do.”

Jacob: “Adult diapers?”

“Sure.”

Jacob: “Well...we’d like to use this store as our bridal registry.”



In Memoriam

James C. Johnson, Jr.  
(Husband of Venita Johnson)