

PEOPLE PROGRAM Winter/Spring NEWSLETTER



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April 17, 2017



Schedules for Summer and Fall sessions are nearing completion. Look for them to appear online on Friday, April 28 on our web page: www.peopleprogram.org. We hope to have them sooner for campus viewing.

Lakeshore Campus Announcements:
Tuesday, April 18, 12:15 P.M. Chapel

Christian Robito from Home Instead Senior Care will discuss the prevention of online scams. "More than 3 out of every 5 American and Canadian seniors have been the target or victim of an online scam. Learn how you can protect yourself from becoming a scam target, and share the info with your family and friends to help them stay safe also." Refreshments served!

Wednesday, April 26, 10a.m. to noon

Derek Grantz, from Senior Healthcare Advisors, will be on campus to answer any questions about Medicare.

On Sunday, April 23, 2017, 3:00 p.m., You are invited to an afternoon of poetic pleasure. Our guest will be **Niyi Osundare** who was awarded the Nigerian National Merit Award. Come and enjoy!

Refreshments served!

Westbank Announcements:

Wednesday, April 19, 1 p.m. Christian Rabito will be on campus to discuss prevention of online scams. Learn how you can protect yourself from becoming a target. Refreshments served!

Classics of American Literature schedule:
4/7....Mark Twain- Huckleberry Finn – The Banned Classic.
4/21...Huckleberry Finn – A Child’s Voice, A Child’s Vision.
4/28...Huckleberry Finn...American Orphan.
5/4...Mark Twain’s *Pudd’nhead Wilson* – Black and White Charade.
5/11....Henry James....Part 1
Thursdays, Room B, 1 p.m.

Support People Program!
When you make purchases on Amazon.com, go through www.smile.amazon.com. Then select People Program as your

designated non-profit. We will then receive a percentage of the purchase price. Thanks for your support!

Plastic pots/trays from garden plants are still needed. Gary deLeaumont will pick them up, if you can’t bring them to campus.

Donations for **Lantern Light**, a day homeless day shelter, will be accepted throughout April. Food and toiletries are urgently needed. Look for a donation list on both campuses.

Looking Ahead.....

Summer and Fall Registration: Begins Monday, May 1, 9 a.m. on both campuses.

Showcase Dates:
Westbank: Friday, May 5.

Eastbank: Friday, May 12

An Open House at the Lakeshore Campus will be held on Monday, May 8 from 4 p.m. to 6 p.m. for family and friends to view the art work and crafts that will be displayed throughout the week.

**Summer Session: Lakeshore,
Wednesdays only: June 14 thru
July 19.
Fall Session begins August 21.**



Tips for Baking Light

Choose Canola. This raises the levels of heart healthy omega-3 fatty acids.

Take the prune plunge. Prune puree can get the fat out. Just purchase “prune filling” sold in most groceries.

Add applesauce; subtract fat. Use unsweetened applesauce as a replacement for oil.

Mashed sweet potatoes and pumpkin replace most all fat.

Dairy does it, too. Nonfat buttermilk, nonfat yogurt, and skim milk work as fat replacement in muffins.

Concerned about cholesterol? Use egg whites instead of whole eggs.

Prayers Needed

- Anna Barbara St. Romain
- Anna Rita Williamson
- Richard Beverly
- Doris Phillips
- Tay D’Amour
- Ruth Earhart
- John Knipmeyer
- James Adams
- Ed Howell
- Lory Rummel

- Janet Peterson
- Anna Craig
- Cindy Victor
- Pearl Nedd
- Lee Smallwood
- Mary Ann Bolton
- Elton Touns
- George Krippner
- Armand Lagarde
- Karen Gibson
- Margie Boe
- Marilyn Estis
- Jacob Jacobson
- Edgar Dalson
- Martha Wall
- William Washington
- Gillian Gourgues
- Helen Winder
- Gwendolyn Johnson
- Harold Heim
- Wayne Peacock
- Sharon Barrilleaux
- Austin deBlois
- John Caramabat
- Mike Foster
- Trini Calero
- Claudia Thrasher
- Mary Jane LeRonge
- Jean Phillip
- Parker Smith
- Sheila James
- James Johnson
- Katie Weaver
- Dierdri Profit
- Willie Graffia
- Sr. Gretchen Dysart
- Cynthia Brenes
- Iona Boseman
- Gail Meaker
- William Carlisle
- Hattie Fraser
- Jude Benfatti, Sr
- Meredith Harnish
- Eugenie Loustaunau
- Kathy Arntz
- Brian Albea

In Memoriam

Gayle Bush Webb
(Sister of Anita Dalferes)



The final in a philosophy class consisted of a one-question exam. The professor picked up a chair, plopped it atop his desk, and wrote on the board: “Using everything we have learned this semester, prove to me that this chair does not exist.”

Students, with furrowed brows, began to write furiously. One student, however, finished in under a minute, turned in his paper, and left the room.

When the grades were posted, his was the only A. His astonished classmates asked to see his exam paper. On it he had written: “What chair?”

Did you hear about the old man who sat up all night wondering where the sun went? Then it finally dawned on him.

For his 50th birthday, the kids bought their sportsman dad a new camouflage tent. Once he put it up, though, he could never find it again.

