

PEOPLE PROGRAM *Fall* NEWSLETTER



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September 9, 2019

The westbank campus has added two new classes:

Tuesdays:

T122....The Writing Diet
taught by Callie Winn 11 – 11:55 (Begins Sept. 24 and goes for 8 weeks.)

Added....T123 Strength Training
Taught by Rickey Brown
Noon – 12:45

COME JOIN US!!!!

Adaptive Yoga class will be offered beginning Tuesday, September 17, 9 – 9:55 am at the Lakeshore campus. (Ginger Pluta – instructor.)

This class caters to those who have sustained injuries but still want to safely stretch. May be done with or without a chair. Please sign up at the front desk! Limit 10.

The Daughters of Charity will have a booth on the Lakeshore Campus on Wednesday, September 11. Please stop by the table and hear some important info.

Flu shots will once again be administered by Walgreens on each campus:

Lakeshore: Tuesday, September 17, 9 am - noon
Westbank: Wednesday, September 18, 9 am – noon.

Medicare and all major insurance companies will be accepted. Please sign up and fill out a required form.

Please let the staff know if you belong to any organization that might want us to come and speak about People Program. We love sharing the good news!



People Program 50/50 starts this week! See Doris or Lakeshore's front desk for tickets. Every two weeks a name will be pulled from each campus for a special prize. The general drawing will be the week before Thanksgiving. Yes! You will win CASH!!!!

People Program closure and early dismissal policy:

People Program will close OR offer early dismissal when one or more of the following schools announces the same: Orleans Parish Public, Catholic, Magnet or Charter schools. These announcements may be due to weather conditions or any other emergency.

A new **Beginner Machine Quilting** class will be taught at Lakeshore on Wednesdays from 1– 2:55 pm starting on September 11. Bring your own machine. Sign up at the front desk.



Lakeshore Campus **FALL FEST** is scheduled for **October 21, 22, 23, and 24**. We will offer a fun boutique for exciting shopping, baked goodies and lunch each day. Once again, we need three classes or groups of

classes to volunteer to donate lunch for Tuesday, Wednesday or Thursday. The staff will provide lunch for Monday. Members are asked to donate any office supplies, arts and craft supplies and fall and Christmas décor. Our BOOTIQUE will be unique!

The Westbank Fall Fest will be the week of October 29. More info to follow.

We invite both campuses to take part in the **People Program Pumpkin Patch**. We will supply the foam pumpkins and let YOU paint wonderful designs. The decorated pumpkins will be for sale the week of the fall fests on each campus. **Please make sure that you sign the sheet when you take a pumpkin. All pumpkins for Lakeshore are due back October 16.**

NOTE: All snacks and drinks on both campuses will be \$1.00.

Several classes will be participating in People Program's **Heart Healthy** initiative. Please let us know of any non-profits that focus on mental and or physical health. We would like to form as many partnerships as possible to make this effort very successful.

2019 Gala Sponsors:

Lynn Burkhart
 Barbara McCurdy
 Milton and Christine Dureau
 Liberty Bank
 James Marra, MD
 Perrier Esquerre Contractors, LLC

Max and Cily Winkeler

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Please Pray For:

- Anna Barbara St. Romain
- Doris Mayer
- Elton Toups
- Martha Sallettes
- Bob Kinghorn
- Gayle Barclay
- Bill Barclay
- Robert Connolly
- Anna Brans
- Loreen Vaughn
- Gloria Buisson
- Roz Blanchard
- Benjamin Gex
- Lynette Vicks
- Martha Wall
- Karen Lambert
- Parker Smith
- Mustafah Shabazz
- Laurie Boben
- Nathan Martin
- Linda Alvarez
- Rex Woodham
- Ann Valliant
- Jim Valliant
- Charlie King
- Shirley Schwartz
- Judy Darenbourg

In Memoriam

Michael Curry
 (Brother-in-law of Patti Curry)



Laugh Lines....

I was visiting my mother one day, when she passed a dish full of chocolates and took one for herself.

"I thought your doctor told you to stop eating candy," I said. "Oh, I don't have to listen to him anymore," she replied.

"Why not?"

"He died."

For Martin Luther King Day, I asked my fifth graders how they'd make the world a better place. One said, "I'd make the potato skins a main dish rather than an appetizer."

Billion Dollar idea: A smoke detector that shuts off when you yell, "I'm just cooking!"

What is the Native American word for vegetarian? "Poor Hunter".

The other day I got carded at the liquor store. While I was taking out my ID, my Blockbuster card fell out. The clerk shook his head, said, "Never mind," and rang me up.

