

PEOPLE PROGRAM Winter/Spring NEWSLETTER



[info@peopleprogram.org](mailto:info@peopleprogram.org)  
[www.peopleprogram.org](http://www.peopleprogram.org)

MAIN CAMPUS  
2240 Lakeshore Drive  
New Orleans, La. 70122  
504-284-7678

WEST BANK CAMPUS  
6201 Stratford Pl.  
New Orleans, La. 70131  
504-394-5433

January 25, 2016



Mark your calendars for the highlight event of the year! "All Jazzed Up", People Program Gala, will take place Sunday, **March 13 at UNO in the Grand Ballroom.**

Our event will feature:  
A NEW HOT LUNCH Menu with Mimosas.  
Silent and Live auctions.  
Honorary Chair: Al "**Carnival Time**" Johnson.  
Live Music by Bobby Cure and the Poppa Stoppa Band.  
50/50 Cash Drawing.  
Lots of Laughter!

All of this for the same price of \$55! What a bargain!  
Tickets go on sale February 1.

Our tables will be adorned with second line umbrellas decorated by class members with their class theme. See Jan or Doris if you would like to participate!  
This is THE party of the year where both campuses come together and share the affection we all have for People Program. **SEE YOU THERE!**



WE NEED YOUR HELP!!!!

Most everyone has opportunities to dine out, or shop or take part in other retail activities. This is a perfect time to ask for a gift card or other item that we can use in our Gala auctions. If each of us gets just ONE gift card each, we would blow the roof off of our past Gala profits! Donation letters are available on each campus if needed. **THE GALA IS FOR YOU AND THE PERPETUATION OF PEOPLE PROGRAM. PLEASE, PLEASE, PLEASE MAKE AN EFFORT TO BRING YOUR FAMILY AND FRIENDS. Attendance is the key!!!!**

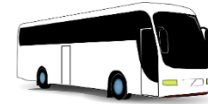
\*\*\*\*\*



**West Bank Tuesday Lecture Series:**  
MIND< BODY< SPIRIT:  
Healthy Aging

Ann Juul and Kathy Gahr will be presenting monthly workshops and lectures with a focus on healthy living.

The first lecture will be:  
**Tuesday, February 2, 2016 (1:00p.m. – 2:00p.m.)**



**Day Trip**

The next day trip will include several destinations:  
1.Shadows on the Teche Plantation (with a wine and cheese reception) (Lunch will be on your own at a special restaurant in New Iberia)  
2.Avery Island for the Tabasco Tour (Checks payable to Golden Movers and Shakers)  
Sign up through your campus director. **DO NOT** send checks to Movers and Shakers. Bus stops will be made on both campuses. Time of departure subject to change. Consult the newsletter for this info.  
Date: FRIDAY, FEBRUARY 12  
Fee: \$65 (based on 45 passengers)



Heartfelt thanks goes out to:

**Ann Coston  
Shirley Dailey  
Lloyd Constant  
Jill and Richard Stone**

People Program has been granted over \$3000 in the past year from the Chevron and Exxon/Mobil Matching Gift Programs due to the volunteer hours that these great teachers have accrued. These grants have been received by People Program for many years. We are most grateful!

.....

**Healthy Home Tips**

1. Replace non-stick cookware with cast-iron, stainless steel or glass.
  2. Use glass food containers rather than plastic.
  3. Filter your tap water.
  4. Kick the habit of drinking bottled water. Get a reusable water bottle like stainless steel.
  5. Use fresh or frozen food rather than canned.
- .....

“The best thing one can do when it’s raining is to let it rain.”  
*Henry Wadsworth Longfellow*



**Prayers Needed**

Anna Rita Williamson  
Richard Beverly  
Doris Phillips  
Tay D’Amour  
Ruth Earhart  
John Knipmeyer  
Rene Glindmeyer  
Ed Howell  
Lory Rummel  
Janet Peterson  
Anna Craig  
Cindy Victor  
Pearl Nedd  
Lee Smallwood  
Mary Ann Bolton  
Elton Toups  
George Krippner  
Armand Lagarde  
Karen Gibson  
Harry Meaker  
Margie Boe  
Verna Larkins  
Carolyn Dupree  
Marilyn Estis  
Jacob Jacobson  
Edgar Dalson  
Mary Ann Lennon  
Martha Wall  
William Washington  
Sara Carp  
Oliver Delacroix  
Crystal Arnold



**Laugh Lines.....**

A parachutist jumped from a plane to discover that his chute was broken.

Plunging to the ground, he saw another man on the way up. “Hey,” he yelled frantically to the man, “do you know anything about parachutes?”

“No”, the man shouted. “do you know anything about gas grills?!”

\*\*\*\*\*

A dad, frustrated with his teenagers antics, complained to a friend. “When I was his age, my dad sent me to my room. But my son’s room is equipped with a high-speed computer, wi-fi, a color TV, and state of the art sound system.

“So what do you do?” the friend asked.

“I send him to MY room,” the father replied.

