

PEOPLE PROGRAM FALL NEWSLETTER



info@peopleprogram.org
www.peopleprogram.org

MAIN CAMPUS
2240 Lakeshore Drive
New Orleans, La. 70122

WEST BANK
6201 Stratford Place
New Orleans, La. 70131

October 13, 2014



On Friday, October 24, from 6 p.m. to 9 p.m., a celebration in honor of 10 years of creativity and learning will occur in the Msgr. Allen Roy Parish Life Center at Holy Spirit Catholic Church in Algiers. The event will feature live music, tasty finger food, wine and a student/teacher art exhibit. Tickets are \$25.

Come and join in the fun and excitement as we celebrate a rich history on the West Bank! Tickets are available on both campuses.



Lakeshore Health and Fitness Fest!!!!

On Saturday, November 15, from 10 a.m. to 2 p.m., the Lakeshore Campus will host a Health and Fitness Fest.

Elmwood Fitness Instructors will offer classes and lectures on appropriate topics. A low priced nutritious lunch will also be available for all to enjoy. Ticket prices are \$13 and include all activities.

The following 30 minute classes will be available. (There will be a limit, so sign up ASAP.)

Zumba Gold is a low impact cardio fitness which includes dance rhythms from Merengue, Salsa, Cha Cha, Belly Dance and Flamenco. Limit 40 (10:45 a.m.)

Strength Training and the Relief of Joint Pain is a lecture on how to use weights to best keep joints flexible and well.

Limit: 40 (10 a.m.)

Zumba Gold Tone class takes the basic Zumba Gold and adds 1 to 3 lb. weights to enhance strength, tone, and endurance.

Limit: 30 (11:30 a.m.)

Rite Aid Pharmacy will also be on hand to provide updated material for the latest news on wellness.

Come and join the fun and be informed about the best ways to remain healthy and active. **This event provides another chance for creating strong community bonds among our members. Please sign up at the front desk for the classes you would like to take!**



You can now bring food and toiletry items for our Lantern Light ministry. Please pick up a list of needs at the front desk. Bins will be in the front foyer.

We are preparing a new 2014 membership directory. Please edit the directory with any corrections before we print the final copy. Look for the copies at the front desk at Lakeshore or with Doris on the West Bank.



Monday, October 27, the Lakeshore Campus will host guest speaker Casey Stuart, who will speak on "The History and Status of New Orleans Cemeteries." Wear something "Halloweenish" to celebrate the topic and time of year! 2 p.m.....the chapel.

Halloween refreshments will be served.

Looking Ahead.....

Mark your calendar for **Tuesday, November 18, 2 p.m. Al Jackson**, from the Historic Treme Collection, will speak on The Battle of New Orleans from a different perspective. Mr. Jackson will soon be opening the new Treme Museum, and will also inform us of the collections available to see at the museum. Don't miss out!

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Loyola Presidential Guest Series: The Rev. James Martin, S.J., author of numerous books and cultural editor of America magazine, will speak on Saturday, October 25, 7 to 9 p.m. in Roussel Performance Hall. Fr. Martin will recreate the world of first-century Galilee and Judea to usher you into Jesus's life and times. Free admission.

Lakeshore attendee **Joy Mancuso** has taken a semester off to be with her daughter and new granddaughter, Olivia Joy Dobson. She says she misses us and will be returning next semester.

Recycled beverage tabs help support the local Ronald McDonald House program. The Lakeshore campus is collecting the tabs for this significant cause. The program provides a temporary "home away from home" for the families of seriously ill children being treated at nearby hospitals. Look for the deposit box by the front desk.



Prayers Needed

- Chris Carroll
- Ellen Goldring
- John Matthew
- Anna Rita Williamson
- Ed Howell
- Margie Boe
- Shelley McClanahan
- Richard Beverly
- Doris Philips
- Jackie Juge
- Patricia Greenfield
- Kenwyn Lagarde
- Thyra Lagarde
- Grace Harrison
- Lory Rummel
- Deena Manguno
- Carey Simmons (Daughter of Marcy Fertel)
- Tay D'Amour
- Gaytana Adde
- James Adams
- The Family of Rev. Barry Hoekstra
- Janet Peterson



In Memoriam

Michael Holmes (Brother of Carmen St. Pierre)



Laugh Lines...

A mother was concerned about her kindergarten son, Timmy, walking to school. He didn't want his mother to walk with him. She wanted to give him the feeling that he had some independence, but yet know that he was safe. So she had an idea of how to handle it. She asked a neighbor if she would please follow him to school in the mornings, staying at a distance, so he wouldn't see her.

The neighbor agreed. The next day, the neighbor and her little girl set out to following behind Timmy as he walked to school with another neighbor girl he knew.

She did this for one whole week. As the two walked and chatted, kicking stones and twigs, Timmy's little friend noticed the same lady and little girl were following them as she seemed to do all week.

Finally, she said to Timmy, "Do you know that lady that has been following us?" "That's Shirley Goodnest and her daughter, Marcy," he replied. "Well, why are they following us?" the little girl asked. "Well," Timmy explained, "every night my mother makes me say the 23rd psalm 'cuz she worries about me so much. And in the psalm, it says Shirley Goodnest and Marcy shall follow me all the days of my life, so I guess I'll have to get used to it!"