

PEOPLE PROGRAM Fall NEWSLETTER



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October 19, 2015



It's almost here!!!!

Friday, October 23, 6:30-9:30 p.m.

Msgr. Allen Roy Parish Life Center (West Bank).

Wine, food, music, parade of prizes and much more!

Tickets are \$25 and are on sale NOW! All proceeds benefit People Program.

We are asking for assistance in acquiring grocery gift cards to help supplement the food bill.

Cash donations are gladly accepted. Volunteers are needed; please see Delores if you would like to help!

We need both campuses to support each fest.

Saturday, November 14, 10 a.m. – 2 p.m.

SAVE THE DATE!!!!

The Lakeshore campus will be celebrating their Fall Fest with fun, food, music and shopping! A special boutique that will feature items made by People Program members will be

available along with a Christmas room filled with “gently used” items which will also be for sale. Anyone wishing to donate Christmas items can begin bringing their donations the week of October 12. Craft items will also be accepted starting on October 12.

Don't miss the soothing music of Dennis Berner whose coffee house repertoire is sure to please.

Lunch will include hotdogs, chips, cole slaw, drink and dessert all for \$6. WOW!

DON'T MISS THIS DAY



People Program Lecture Series:
“The Viet Nam War”

Thursday, October 29, 1 p.m.

Msgr. Allen Roy Parish Life Center (West Bank)

Topic: The Turning Point, The TET Offensive, and Khe Shan
Speaker: Ron Drez

Tuesday, November 3, 1 p.m.

Msgr. Allen Roy Parish Life Center (West Bank)

Topic: The Fall of South Vietnam
Speakers: Kiem Do and Cong Tran

(Open to the public)

West Bank Workshop:

Tuesday, October 20, 1:00 p.m.

“Is Aging A Blessing?”

An entertaining and insightful workshop will be presented by Kathleen S. Gahr, Psychologist and Ann Juul, Social Worker. The Holy Spirit Campus is hosting this event. All are invited to attend this delightful session!



We are accepting donations of food and toiletries through the whole month of October for Lantern Light, a day shelter for the homeless. Lists of needed items are available on both campuses. Please be generous!



We need your help!!!!

Can you help us create beautiful holiday wreaths? Laura-Guerin-Hebert will be at the Lakeshore Campus on Friday, October 30 from 10 a.m. to noon to conduct this fun session. All wreaths will be sold at our Fall Fest on November 14. If you have any items to decorate a wreath, we will gladly accept your donation.

A sign-up sheet is at the front desk. Thank you for your generosity!



Prayers Needed

- Anna Rita Williamson
- Richard Beverly
- Doris Phillips
- Jackie Juge
- Hilda Sarrat
- Tay D'Amour
- Herb Sayas
- Ruth Earhart
- John Knipmeyer
- Rene Glindmeyer
- Ed Howell
- Jackie Juge
- Lory Rummel
- Janet Peterson
- Anna Craig
- James Adams
- Cindy Victor
- Pearl Nedd
- Lee Smallwood
- Mary Ann Bolton
- Elton Toups
- George Krippner
- Armand Lagarde
- Karen Gibson
- Harry Meaker
- Margie Boe
- Verna Larkins
- Carolyn Dupree
- Marilyn Estis
- Joan Richardson
- Winkie Hymel
- Carolyn Hecker
- Sheila Schwartzmann
- Jacob Jacobson
- Doris LaLa
- Edgar Dalson
- Mary Ann Lennon
- Martha Wall



MEMORY: THE EXPLANATION!

Brains of older people are slow because they know so much. People do not decline mentally with age, it just takes them longer to recall facts because they have more information in their brains, scientists believe. Much like a computer struggles as the hard drive gets full, so, too, humans take longer to access information when their brains are full. Researchers say this slowing down process is not the same as cognitive decline. The human brain works slower in old age, said Dr. Michael Ramscar, only because we have stored more information over time. The brains of older people do not get weak; they simply know more. Also, older people often go to another room to get something, and when they get there, they stand there wondering what they came for. It is NOT a memory problem; it's nature's way of making older people do more exercise. So, when we reach for a name or word, we won't excuse ourselves by saying, "I'm having a senior moment." Now, we'll say, "My disk is full!"



Dianne "Gumbo Marie" Honore will conduct an umbrella decorating workshop at the Lakeshore campus **on Tuesday, October 27 from 1 p.m. to 3 p.m.**

The cost for your umbrella and all decorations is \$35 payable when registering. Space is limited to 12sign up sheet is at the front desk. **GET YOUR SECOND LINE ON!!!!**



We are beginning to plan the schedules for our spring session! Do you have a favorite subject that you might want to teach, or do you know of someone who may want to teach? Please let Jan or Delores know! New and exciting courses are always welcomed!



**Thanksgiving Holidays.....
November 23 – 27**

