

## PEOPLE PROGRAM *Fall* NEWSLETTER



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[www.peopleprogram.org](http://www.peopleprogram.org)



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New Orleans, La. 70122  
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WEST BANK CAMPUS  
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New Orleans, La. 70131  
504-394-5

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October 30, 2017

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Mark Your Calendar.....

Happy Thanksgiving!  
November 20 – 24.  
The semester ends Friday,  
December 8.

The staff is busy outlining the  
schedule for the spring  
semester.

Please note these important  
dates:

The session runs Monday,  
January 22 to Friday, May 18.  
(Note: We will begin on the  
week AFTER the Martin  
Luther King holiday.)

Registration begins at 9 a.m. on  
Monday, November 27. There  
will be a break from noon to 1  
p.m. and then registration  
resumes until 2 p.m. Please  
know that many classes close  
after the first day, so be in line  
early on the first day. A sample  
schedule will be available the  
week before Thanksgiving.  
The fee remains at \$150.

Please be sincere in your  
intention to attend the classes  
that you sign up for.  
Thanks!



As we begin to plan for the 2018  
Spring semester, we are reaching  
out and asking that students  
might utilize their talent by  
teaching a new class or perhaps  
that they ask a friend or relative  
to volunteer to teach. New classes  
greatly enrich our program, and  
we are forever grateful for the  
great job that our teachers do.  
Help us expand and improve  
People Program!!!!

### ANNUAL APPEAL 2017

We sincerely thank those who  
have responded to our Annual  
Appeal letter, and we need  
many more donors to reach our  
goal. Please think about  
making a donation; we need  
everyone's support. Five  
dollars is better than no dollars.

### Westbank Campus Announcements

“Successful Aging” a Four  
Part Seminar taught by  
Queendglen Chukwurah, PhD  
Candidate at Tulane School of  
Aging Studies.

11/08...Maintaining and  
Enhancing Mental Function  
While We Age

11/15...Advanced Life Directives

### Lakeshore Campus Announcements:

Please check the “Lost and  
Found” at the front desk for any  
lost belongings. Items not  
claimed by Dec. 1 will be given  
to charity. Thanks!

Representatives from Aetna  
Medicare will be on campus for  
the 4 days of the fest. If you have  
an HMO Medicare Advantage  
plan or a Medicare Supplement,  
you may want to learn more  
about a new PPO in the area with  
a \$0 premium and is accepted  
anywhere in the U.S. The reps  
will be here from 9 a.m. to 1 p.m.



**Goodwork Network:**

**AARP says there are more seniors than ever starting their own businesses.** An information workshop on this topic will be offered on both campuses:

**Lakeshore: Thursday,**

**November 16, 3:30 – 5 p.m.**

**Westbank: Tuesday, November 28, 1 p.m. – 2:30 p.m.**

Important topics will be explored such as: **Connecting with resources in the community.**

**How to ward off problems.**

**Exploring your options.**

**Effective planning.**

Please sign up with Doris or at the Lakeshore front desk. AARP is sponsoring this seminar; there is no fee.

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**Prayers Needed**

- Anna Barbara St. Romain
- Anna Rita Williamson
- Richard Beverly
- Doris Phillips
- Beth Johnson
- Tay D'Amour
- Ruth Earhart
- John Knipmeyer
- James Adams
- Ed Howell
- Lory Rummel
- Janet Peterson
- Anna Craig

- Cindy Victor
- Pearl Nedd
- Lee Smallwood
- Mary Ann Bolton
- Elton Toups
- George Krippner
- Karen Gibson
- Margie Boe
- Marilyn Estis
- Jacob Jacobson
- Edgar Dalson
- Martha Wall
- Helen Winder
- Gwendolyn Johnson
- Harold Heim
- Wayne Peacock
- Sharon Barrilleaux
- Mike Foster
- Claudia Thrasher
- Mary Jane LeRonge
- Jean Philip
- Parker Smith
- Sheila James
- James Johnson
- Katie Weaver
- Sr. Gretchen Dysart
- Cynthia Brenes
- Gail Meaker
- William Carlisle
- Jude Benfatti, Sr.
- Eugenie Loustaunau
- Brian Albea
- Emmett Johnson
- Camryn O'Connor
- Anise Goodwin
- Emma Ryan
- Martha Boudreaux
- The Family of Yan Du
- Caden O'Connor
- Joan LaPointe
- Calvin Manuel
- Lucille Deas
- Carolyn Deupree
- Linda Alvarez
- Joe Bucher
- Danny Catalanotto
- Imelda Bernard
- Ashton Peyrefitte, Jr.
- Ron Juge



**Pumpkin Fun Facts**

The pumpkin is a member of the Cucurbita family which includes squash and cucumbers.

Antartica is the only continent that won't grow pumpkins.

The largest pumpkin pie ever made was over 5 feet in diameter and weighed over 350 pounds. It used 80 pounds of cooked pumpkin, 36 pounds of sugar, 12 dozen eggs, and took 6 hours to bake.

Pumpkins were once used for removing freckles and curing snake bites.

Pumpkins are 90 percent water.

Native Americans flattened strips of pumpkin, dried them, and made mats. They also used pumpkin seeds for food and medicine.

Pumpkin carving traditions were originally started by the Irish. Turnips were used then. When the Irish immigrated to the U.S., pumpkins were plentiful and much easier to carve.



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