PEOPLE PROGRAM SPRING NEWSLETTER

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February 25, 2013



Volunteer Spotlight

Originally from Vicksburg, Mississippi, Ann Sayas traveled farther south as a result of marrying her husband who eventually took up residence in New Orleans. Ann's extensive background in theatre started in eighth grade where her initial inspiration was fanned. She has a Masters Degree which she has extensively put into action first in her early days at Southern in Baton Rouge and then for many years at Isidore Newman. Ann's energy, intensity and sense of community are contagious when she shares her expertise at People Program. Ann has taught "Playing with Shakespeare" and is currently conducting an Internet class on "Women in the Civil Rights Movement". She has a passion for People Program because of the companionship, and because it gives her an opportunity to continue to share her knowledge. Ann has one son, and is proud that her husband, Herb, volunteers his time at the WWII

Museum. Four inside cats and

three outside cats occupy her time, also.

Thank you, Ann, for allowing that sparkle to shine in the halls of People Program!



Mark your calendars for Sunday, March 24 at noon, Chateau Golf and Country Club in Kenner.

The plans for "ALL JAZZED UP," our biggest bash of the year are well underway, and the excitement continues to build! We already have several auction items, but many more are needed. Solicitation letters are available at the front desk of each campus. Transportation from the West Bank to Kenner will be available...please let Marcia know if you would like to take the bus.

Tickets (\$55) go on sale Feb. 25.

Welcome Sandeepa Sur, a PhD candidate in the interdisciplinary program in aging studies at Tulane Medical School's Center for Aging. Having already achieved two Masters Degrees – the first in human genetics from Guru Nanak University, Amritsar, Punjab, India, and the second in Molecular Microbiology and

Immunology from Johns Hopkins, in Baltimore, Sandeepa is now participating in research on the healthy aging process and the brain. What does that look like? Science is looking for answers, and we at People Program represent a significant group of HEALTHY, OLDER ADULTS who are often not a part of such important research. How can you participate? Sign up at the front desk for an individual assessment (a questionnaire and specific tasks) on Mondays, beginning March 10. All is confidential, but you will know that you are advancing our understanding of the healthy mature brain. Remember: our partnership with Tulane looks great for potential grantors as we request funds to supplement our membership fees. Please join Sandeepa in the chapel on Monday, Mar. 4 at noon. She will be presenting a brief talk on the ways to keep the brain healthy as we celebrate each additional birthday. Bring your lunch; we will provide a healthy dessert.

Focus groups that will discuss issues concerning Alzheimer's disease will be held at the Lakeshore Campus on Wednesdays:
Feb. 27 at 2 p.m.

Mar. 13 at 2 p.m.

Tulane University PhD candidate, Nelly Solorsano, will conduct the discussions. Please sign up at the front desk.

The Tulane Forum on Alzheimer's will also be conducted on the WestBank on Thursday, March 21 at 10 a.m. (One other date TBA) Valuable information will be shared in this one hour forum. Please sign up with Doris or Marcia.



Calling all artists, rookies and seasoned!!!! Every Wednesday from 9 a.m. to noon, an oil painting workshop is conducted by Sr. Shirley Le Blanc, SC, on the main campus.

All supplies will be available, and each participant will walk out with a beautiful finished landscape creation.

What a worthwhile experience! Please sign up at the front desk and pick any Wednesday that is convenient for you. Supply Cost: \$15



YARN SALE...Monday, Feb. 25 and Tuesday, Feb. 26 at the main campus. What a bargain! Shop at one-half the sticker price! 10.am – 2 p.m.

Poetry Reading

People Program is proud to announce that Julie Kane, Louisiana Poet Laureate has accepted an invitation to read selections from her renowned poetry collection on Friday, April 12, 1 p.m. at the main campus. More details to follow.



Go Green!

Retune your TV...
You could save a bundle on your electric bill by reducing the brightness on your HDTV. Many are shipped set at "retail mode" for optimum picture clarity in a showroom. Go to your TV's setup menu, and look for "home mode" or some other way to tune down the brightness.



Prayers Needed

Mary Bose
Mary Kay Barbay
Judee Morovich
Sr. Johanne Pedersen, CSJ
Lorraine Alfred
Maddox Riley
Sr. Bertrand Lieux
Joseph Hoppe
Betsy Lonergan
Melva Keller
O'Hara McKenna
Anna Guilliamme
Mary Martin
Gloria Ochoa
(Diane Porter's mother)



In Memoriam

Mary Walker



Smile Lines....

During a trial in a small Missouri town, the local prosecuting attorney called his first witness to the stand. She was sworn in, and asked if she would tell the truth, the whole truth and nothing but the truth, with her hand on the Bible, so help her God. The witness was a proper, well-dressed elderly lady, a grandmother type well-spoken and poised.

The prosecuting attorney approached the woman and asked, "Mrs. Jones, do you know me?" She responded, "Why, yes, I know you Mr. Williams. I've known you since you were a young boy, and frankly you've been a big disappointment to me. You lie, cheat on your wife and manipulate people."

The lawyer was quite stunned. He slowly backed away and pointed across the room and asked, "Mrs. Jones, Do you know the defense attorney?' She again replied, "Why, yes, I've known Mr. Bradley since he was a youngster, too. He's lazy, bigoted, and has a bad drinking problem. His law practice is one of the worst in the state."

The defense attorney almost fainted, and was seen slipping down in his chair, looking at the floor.

Laughter, mixed with gasps, thundered across the courtroom, and the audience was on the verge of chaos. At this point, the judge brought the courtroom to silence.

Then he called both counselors to the bench, and in a very quiet voice said, "If either of you morons asks if she knows me, you're going to jail!"