

PEOPLE PROGRAM WINTER/SPRING NEWSLETTER



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2240 Lakeshore Drive
New Orleans, La. 70122

WEST BANK
6201 Stratford Place
New Orleans, La. 70131

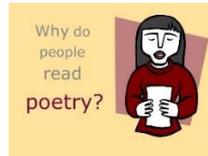
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March 16, 2015

2000 Segnette Blvd.
Westwego

IMPORTANT!!!!!!

Gulf Coast Bank is awarding a total of \$50,000 to 10 local non-profits. The top 10 organizations who get the most votes on line win the money! You can go to **CommunityRewards.com** and get an access number in order to vote for **People Program**. Have all your friends and family vote also!
You can vote once a day from now until March 25.
LET'S DO IT!



People Program is honored to have Louisiana Poet Laureate, **Ava Leavell Haymon**, on the Lakeshore campus to share her inspiring poems. Mark your calendar for **Sunday, March 22 at 3 p.m.** This event will be in the chapel with refreshments to follow. Come and let your spirit be nurtured.

People Program artists, **Sandra Dymond and Chris Carroll**, have their artistry on display at Café Gentilly, 5325 Franklin Ave. Take time to view their awesome art work!



The Vernal Equinox, the first day of Spring, is Friday, March 20. We welcome this season of rebirth and resurrection!



Easter Holidays: Monday, March 30-Friday, April 3

Showcases: EastBank: May 15 1 p.m.
WestBank: May 8 10 a.m.

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Jefferson Parish Senior Expo
Thursday, March 12,
8 a.m. to 2 p.m.
The Alario Event Center

TEACHER ALERT!!!
Teacher recommitment letters are in your folders. Please return to the front desk by **Thursday, March 26.** We are always looking for new class offerings, so please let us know if you are aware of someone who may be able to teach.

People Program Summer Session will be held on Wednesdays only, beginning June 17 and ending July 22. The Lakeshore Campus will host these fun-filled classes.



Energy Safety and Savings!

Be sure all carbon monoxide detectors are in working order,

and are placed outside all sleeping areas on each house level.

All light fixtures throughout the home should be using bulbs not exceeding the fixture's maximum wattage.

No electrical cords should be resting under rugs or furniture.

Electronic devices such as phone chargers should be left unplugged when not in use.

Window unit air conditioners should be plugged in on their own dedicated circuit.

Optimism Extends Life!

You really are only as old as you feel! Researchers at University College London found that those who feel younger than their years love longer than those who feel their age or older. It's likely that those who feel younger have a healthy lifestyle, listen to medical advice and have a greater resilience. The authors say, "self-perceived age has the potential to change."

AARP March Bulletin



Congratulations to Celie Dartez on the birth of her newest granddaughter!



Please pray for.....

- Elizabeth Poole
- Chris Carroll
- Anna Rita Williamson
- Doris Phillips
- Ed Howell
- Richard Beverly
- Jackie Juge
- Grace Harrison
- Lory Rummel
- Tay D'Amour
- Gaytana Adde
- Janet Peterson
- Anna Craig
- James Adams
- Donald Rowan
- Patricia Hutton
- Anne Macaluso
- Helen Winder
- Rosa Jones
- Carolyn Hecker
- Molloy Ballay
- Bert Kopf
- Russ Carll
- Cindy Victor
- Pearl Nedd
- Mary Ann Bolton
- Judy Roth
- Hilda Sarrat
- Elton Toups
- Armand Lagarde



In Memoriam

- Mary Larkins
(Sister of Vernella Rogers)
- Michael Lux
(Father of Mickey Lux)



Wisdom from Andy Rooney

I've learned that the best classroom in the world is at the feet of an elderly person.

I've learned that when you're in love, it shows.

I've learned that having a child fall asleep in your arms is one of the most peaceful feelings in the world.

I've learned that being kind is more important than being right.

I've learned that life is like a roll of toilet paper. The closer it gets to the end, the faster it goes.

I've learned that money doesn't buy class.

I've learned that life is tough, but I am tougher.

I've learned that a smile is an inexpensive way to improve your looks.

I've learned that love, not time, heals all wounds.



