

PEOPLE PROGRAM NEWSLETTER

Holy Spirit Catholic Church
6201 Stratford Place
New Orleans, LA 70131
(504) 394-5433

St. Matthew's Methodist
6017 Camphor Street
Metairie, LA 70003
(504) 454-5900

Main
2240 Lakeshore Drive
New Orleans, LA 70122
(504) 284-7678

info@peopleprogram.org

www.peopleprogram.org

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VOLUNTEER SPOTLIGHT

When asked what he liked best about People Program, **BILL KAPPEL** smiled and responded with a twinkle in his eye, "Sometimes, I'm the youngest person in the room!" Turning more serious, he shared that he enjoys the commitment his students bring to improving their health, as well as the camaraderie that develops among his class participants.

While he has been a runner for nearly 40 years—even completing a marathon in 1979—it was his positive experiences at People Program that encouraged him to pursue certification as a personal trainer through the Aerobics and Fitness Association of America. Also certified in CPR, First Aid, and AED, Bill maintains his own strength training and running schedule which now adds biking to the mix. Currently his running

partners include both grandchildren, Tallulah on her bike and Andre in his jogging stroller. Even though he is employed full time at Coastal Environments, Inc. as a planner, he is able to teach 2 classes per week at the Lakeshore campus because his office is right across the street, and he uses his lunch hour to volunteer. After the BP oil spill, Bill worked a lot off the coast of St. Bernard Parish, and he is grateful to **Pat Jacobs** for the many times that she has substituted for him. We are grateful to you, Bill, for your enthusiasm and skill in helping us maintain our fitness.

I PAD & E READER WORKSHOP

Want to find out more about what an I Pad is, how it works? Want to know what its advantages and disadvantages are? Considering purchasing an E reader? Join us **Wednesday, March 28, at 1 PM** in the computer lab for a free workshop with Sue Marchal, former technology specialist at UNO. Only 12 spots available. Please sign up with your campus director.



PLAN NOW FOR SUMMER AND FALL REGISTRATION:

We will begin registering for summer and fall semesters on Tuesday, May 1. Schedules will be available on line during the last week in April. Avoid the "dreaded" WAIT LIST LETTER and register early.

POETRY AND CONVERSATION, SUNDAY, APRIL 15, 3 PM
Please join us in welcoming Dr. Jerry Ward Jr., poet and Distinguished Scholar and Professor of English at Dillard University for a wonderful afternoon's experience for word lovers. Dr. Ward, previously Durgin Professor of Literature at Tougaloo College, is recognized as a leading expert on Richard Wright; his most recent books are *THE KATRINA PAPERS: A Journal of Trauma and Recovery* (2008) and *The Cambridge History of African American Literature* (2011). The event is free and open to the public and will be held in the Chapel at Lakeshore. Refreshments will be available for purchase.

MAY SHOWCASE HEADS

UP:

FRIDAY, 5/11: EASTBANK
FRIDAY, 5/18: WESTBANK
(MORE INFO TO FOLLOW)



RSVP VOLUNTEER
CELEBRATION

Volunteer teachers who are registered with RSVP should sign up at the desk by Thursday, April 5 in order to be eligible to attend the luau at St. Maria Goretti Church on April 18. You may pick up an information packet at that time.

**SENIOR OLYMPICS ARTS
AND CRAFTS
COMPETITION**

Sunday, April 1—Lakeshore,
12:30 P.M.—doors open for
participants; 1:00 set up; 1:30—
judging begins.



**TEACHERS: IF YOU HAVE
NOT ALREADY DONE SO,
PLEASE COMPLETE THE
COMMITMENT NOTICES
YOU WILL FIND IN YOUR
FOLDERS THIS WEEK.**



**LANTERN LIGHT: DO
GOOD, FEEL GOOD**

Thank you for your many food gifts to the homeless in New Orleans. You have helped strengthen our community with your generosity. Our Lenten

collection concludes next week before we close for Easter. There is still time to donate; these items are particularly valuable

- *Macaroni & cheese
- *Canned tuna or meat
- *Soup
- *Pasta
- *Peanut butter



MARCH MOVIES

Our last movie this month is sure to please. Please join us on Friday at 1 PM at Lakeshore in the chapel. FREE! Bring a friend and join us for light refreshments.

March 30—**Hugo**



CALENDAR ITEMS

March 28—I PAD/ E READER
WORKSHOP, 1 PM

LAKESHORE

March 29—Erin Greenwald will speak to the N.O.History class in METAIRIE about French Louisiana

April 2—Nonagenarians' birthday party, 2 p.m. Lakeshore

April 5-11-- Easter holiday; campuses closed

April 15—Poetry and Conversation with Dr. Jerry Ward, 3 PM. Lakeshore.

April 24—Playing with Shakespeare! Workshop, 10 am Chapel, Lakeshore. Please sign up in advance

May 1—Registration for summer & fall begins....



Green Tip

After Easter we will collect used cell phones to donate to Hope Phones so that community health workers in Malawi can reach more people in their quest to provide services. Look for the boxes provided on each campus.

We will also be collecting clothing for Catholic Charities. Items can be delivered to your campus. Call Mary Bose (361 3632) or Delores Hall (491 3877) for additional information.



Please Pray For:

- Casey Stuart
- Susie Butler
- Mary Lee Martin
- John Bosch
- Nguy Thi Vu
- Jolise Heiderhoff
- Louie Benfatti
- Lana Pierre
- Ada "Sissy" Marallo
- Jim Seese
- Lois Fox
- Melva Keller
- Gladys Schluter
- Ann Valliant
- Pat Lannes
- Mary Kay Barbay



IN MEMORIAM

- Sr. Eleanor Bernstein, CSJ
- Alexander Plique