

## PEOPLE PROGRAM SUMMER NEWSLETTER



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**WELCOME!!**

People Program is thrilled to welcome Lynn Sarpy Crean who will begin her tenure as the Executive Director on July first. Lynn is a native New Orleanean and a graduate of Xavier University. Lynn's extensive experience in leadership roles, senior engagement, and community outreach has prepared her well for the responsibilities that come with keeping the People Program mission strong and vibrant. Lynn is enthusiastic about beginning her work and is looking forward to meeting every student and teacher. Let us extend the loving arms of People Program in a warm and enduring embrace.



### **BETTER SNACKS OFFERED AT PEOPLE PROGRAM**

In an effort to promote healthy eating, we offer a variety of fresh fruits, yogurt, biscotti, orange juice, and peanuts, in addition to some of your favorite items—soft drinks, chips, M&M's, etc. at the front desk. Stop by today!!



### **COFFEE & TEA**

Each morning the staff prepares coffee (regular and decaf) and offers a variety of teas for your pleasure. Please drop 45 cents in the piggy bank. (Yes, that is an increase to defray our escalating costs!)

### **HEALTH REPRINTS**

In addition to picking up the weekly newsletter this summer, please pick up one of our health reprints. This week's feature is from the

4/22/12 edition of *The New York Times*, "How Exercise Could Lead to a Better Brain."



### **HAPPY FATHER'S DAY TO ALL OUR FATHERS, GRANDFATHERS, AND GREAT- GRANDFATHERS!**



### **SPRING SHOWCASES: FABULOUS FUN!!**

Thanks to all who contributed to, set up for, participated in, and/or attended our showcases at Holy Spirit or St. Matthew's. Check our website for some great photos!

[www.peopleprogram.org](http://www.peopleprogram.org)



## IN MEMORIAM

Louis Benfatti  
(brother of Jude and Anna Rita  
Williamson)



## REUSE-RECYCLE- REDUCE CONSUMPTION

“To take steps now to strengthen, heal and renew the face of Earth” is one of the 4 “generous promises” made by the Congregation of St. Joseph. As a mission of the CSJ, we at People Program take this promise to heart. We participate in the city’s recycling service and encourage you to do so too. While you are on campus, you can recycle plastic, paper, and aluminum in our recycle bins located throughout the building. We also have a compost pail there for your food waste (no dairy or meat please.) We use both sides of our paper whenever we can and monitor our thermostats to reduce energy use. Let us know what other suggestions you have so that we can protect our “home” from further degradation.



## PEOPLE PROGRAM LIBRARY

Did you know that the conference room houses our free lending library? You may check out a book using the clipboard honor system any time a class is not in session. This week’s suggestions: *Olive Kitteridge*, by Elizabeth Strout, the story of a retired school teacher, as told from the points of view of several townspeople. This work of fiction won the Pulitzer Prize in 2009. Or how about *French Women Don’t Get Fat: The Secret of Eating for Pleasure*.

Let us know if you have books you’d like to donate.



## OLDNAPPING

*Erwin Methé*

I don’t know the time that it happened or the place, but someone has stolen my face!  
My real face is a young looking face. At the age of 16, I could still get into the movie theater as a 12 year old. When I was 25, married, living in my own home, with a wife and 2 kids, opening the door to a salesman was fun. He’d look at my young face, smile and ask, “Son, when will your dad be home?” I took great pleasure in informing them that my dad didn’t live with us and I didn’t know when he would be visiting. The salesman would turn and leave without another word. Friends and

co workers used to tell me that I had “John Wayne Walk.” I think that meant that I walked as tall as I could with my hips and shoulders rolling as I walked and that I walked with assuredness, with a sense of belonging where ever I was. Now when I walk, my hips, shoulders and knees don’t roll; they feel and sound like a breakfast cereal, snap, crackle, and pop. I sometimes now walk like Walter Brennen.

As for my face, I first noticed that the old face was gone while shaving one morning. I had used an electric shaver for years, but the battery was dead. I got out the foamy stuff and after putting on the lather, I began contorting my face to accommodate the razor. That’s when I saw it. My old face was gone; there instead was my father’s face. I now look like my Dad when he was 68.

I vividly remember standing on the toilet seat when I was 5 years old to watch my daddy shave, lather all over his face and using that Gillette Blue Blade razor. Some days he would wear little pieces of paper on his face to stop the bleeding. But the best fun was when he would work up more lather with the brush in the cup and lather up my face. He would take the blade out of the razor and let me shave my face. I thought I was almost grown.

Over the last few months I have become accustomed to this new face. Although I have suspicions as to who the thieves may be because I see my other face showing up on my son’s face and my real young face is worn every day by my 20 year old grandson. So if you see my younger faces, tell those two they should be ashamed stealing from an old man!

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