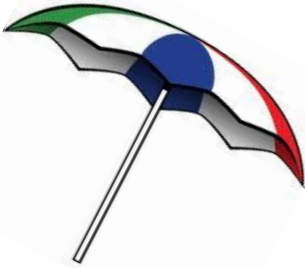


# PEOPLE PROGRAM SUMMER NEWSLETTER



2240 Lakeshore Dr.  
504-284678



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July 22, 2015

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July 22 is the last day of summer classes.

The Fall Semester begins on Monday, August 24.

There is still time to register!  
Tell your family and friends!

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## Mark Your calendars!!!!

The first day trip for fall will be Friday, September 25!

**Where: Dinner Bell Restaurant and Railroad Museum Trip in McComb, Mississippi!**

Diners at the Dinnerbell Restaurant sit around a lazy susan and within your reach is huge quantity of down home choices.

After lunch, we'll visit the McComb Railroad Museum and then shop at Whistle Stop Antiques.

We depart 9 a.m (Lakeshore) and return at 6 p.m. \$50  
Sign-up begins the week of August 24<sup>th</sup>.

NO SCHOOL BUSES USED!!!

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## November Boutique News

Please continue to make items for the Boutique which will be held November 14. More details coming.

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John Knipmeyer  
Rene Glindmeyer  
Herb Sayas  
Hilda Sarrat  
Elizabeth Poole  
Anna Rita  
Williamson  
Doris Phillips  
Tay D'Amour  
Ed Howell  
Richard Beverly  
Jackie Juge  
Grace Harrison  
Lory Rummel  
Janet Peterson  
Anna Craig

James Adams  
Anne Macaluso  
Helen Winder  
Rosa Jones  
Molly Ballay  
Cindy Victor  
Pearl Nedd  
Mary Ann Bolton  
George Krippner  
Elton Toups  
Armand Lagarde

Marie Aguilard  
Judy Welcker  
Winston Falgout  
Vivien Michaels

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## *Katrina 10 City-wide Commemoration*

The 10<sup>th</sup> year anniversary of Katrina marks a vital milestone in the history where New Orleans

and the nation will no longer look back and define the city through the prism of a catastrophic weather event, but instead will look to the future of the city, its prosperity, and its resilience.

The main goals of this 10<sup>th</sup> year anniversary celebration will be:

- Reflecting on the loss
- Honoring the thousands who have helped us recover and move forward
- Invite those who have not returned back home
- Celebrate our resilience as a people and a bright future.

### EVENTS

City-wide vents to commemorate this 10<sup>th</sup> anniversary can be found at

[http://www.nola.com/katrina/index.ssf/2015/07/hurricane\\_katrinas\\_10th\\_annive.html](http://www.nola.com/katrina/index.ssf/2015/07/hurricane_katrinas_10th_annive.html) and  
<http://www.nola.gov/getattachment/Neighborhood-Engagement/Projects/Roundtable/4-18-K10-Presentation-Neighborhood-Leaders-Roundtable.pdf/>

### Events include

- conferences to explore lessons learned, N.O. as model, a vision for the future, and resilience of our people
- wreath laying at the foot of Canal St.
- a city-wide day of service
- Signature Commemoration Event at the Smoothie King Center, which includes Interfaith Prayer, musical and cultural reflections

- (Picture it!) Ending with community second line.

### Interfaith Events Commemorating Katrina 10

The Archdiocese presents an exhibit **“Katrina: A Resurrection Journey,”** June 11-Sept. 4 at the Ursuline Convent Museum, 1100 Chartres St., New Orleans. The exhibit features photographs and artifacts from area churches which suffered devastation from Katrina. Admission, \$5 for a self-guided tour: Monday-Saturday, 10 a.m. to 4 p.m., with the last admission at 3:15. Call 596-3035 for more information.

### Katrina Commemorative Interfaith Prayer Service

**St. Louis Cathedral** | 615 Pere Antoine Alley New Orleans, LA 70116 504.525.9585 | <http://www.arch-no.org/>

Monday, August 24 @ 7:00-8:00 P.M.

### Dillard University Commemorative Convocation

*Lawless Memorial Chapel at Dillard University* | 2601 Gentilly Blvd N.O., LA 70122. 816.4620. <http://www.dillard.edu/>  
Thurs. Aug.27, 11:00 - 12:15

### St. Bernard Parish Katrina Memorial Celebration

*Shell Beach Monument, | Louisiana 46 at Third Street Shell Beach, LA 70085*  
Sat., August 29, 9:00-10 A.M.

*St. Bernard Parish hosts a commemoration of the 163 parish residents who lost their lives during*

*Hurricane Katrina. The Shell Beach Monument is at the end of Louisiana 46 on the banks of the now-closed Mississippi River-Gulf Outlet.*

**Watch for details of our own People Program anniversary commemoration.**



**Now don't get flabby just because school is out!**

*Check out this important site to find friendly exercises and strength training exercises for persons 50+, and all as close as your computer or even your phone!*

Go to **Go4Life** at <https://go4life.nia.nih.gov/>

This interactive site helps adults, to fit more physical activity into their days, in simple ways, without having to go to the gym. It's a science-based **exercise** guide that focuses on what we need: **ENDURANCE, STRENGTH, BALANCE, and FLEXIBILITY...**

Get a **free** guide book, video links, log sheets to record your activity and progress, and lots of other free resources at the site above.



**GO  
4  
IT!**



Image Envision - 37783

Enjoy the rest of summer!  
Stay cool!

