# PEOPLE PROGRAM FALL NEWSLETTER



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**September 22, 2014** 



Happy 10<sup>th</sup> anniversary to our West Bank campus!

The expansion of People Program to the West Bank in 2004 has indeed been a huge blessing. After the Katrina disaster, our Algiers Campus allowed People Program to survive an almost knock-out blow. Since then, this unique community has given so many gifts that have enriched our "student body".

On Friday, October 24, from 6 p.m. to 9 p.m., a celebration in honor of 10 years of creativity and learning will occur in the Msgr. Allen Roy Parish Life Center at Holy Spirit Catholic Church. The event will feature live music, tasty finger food, wine and a student/teacher art exhibit.

## Tickets are \$25.

Come and join in the fun and excitement as we celebrate a rich history on the West Bank!



Lakeshore Campus will hold a Fall Fitness and Health Fest on campus, Saturday, November 15 from 10 a.m. to 2 p.m. An expert instructor from Elmwood Fitness will be on hand to teach three different 30 minute classes including Zumba Gold.

Rite Aid Pharmacy will also be on hand to provide updated material for the latest news on wellness.

A special lunch with emphasis on good nutrition will also be available. Come and join the fun and be informed about the best ways to remain healthy and active. This event provides another chance for creating strong community bonds among our members.



#### **HOW 'BOUT DAT!**

**George Hardy** first came to People Program with little enthusiasm. His wife and daughter insisted that he quit watching TV for hours on end. His demeanor was one of sadness and depression. ONLY on the first day. George grew to love the program and, of course, everyone he met. He took many courses including guitar, scripture, yoga and strength training. Today, George has taken a People Program sabbatical in order to work at Walmart in security so that he can he can have fun fixing his race truck without dipping into family finances. His charisma has drawn many young people to him for advice and wisdom. He exhibits the truth that you get far better results from being good to others than exerting force and being tough. We miss you, George, and we wish continued good health to you and your family. Come surprise us and say "hi" as you promised. We look forward to staying in touch!

#### **WOW!!!!!**

75%

Percentage of Americans who spend most of their days sitting!

Let's get moving!



Once again, People Program will begin collecting toiletries and food items in October for Lantern Light, a New Orleans center that ministers to the homeless. You have been very generous in the past, and we anticipate a similar response. Lists of needed items and bins will be available on both campuses in the coming weeks.



Monday, October 27, the Lakeshore Campus will host guest speaker Casey Stuart, who will speak on "The History and Status of New Orleans Cemeteries." Wear something "Halloweenish" to celebrate the topic and time of year! 2 p.m....the chapel. Halloween refreshments will be served.



### Think Green!

Oct. 4, 2014 marks the 35<sup>th</sup> anniversary of St. Francis named as the patron saint of those who promise to promote ecology. As

we approach this date, let us remember the role we play as stewards of God's gifts. <u>Creating a Climate for Solidarity</u> will help your parish, college, community or study group explore how climate change affects the poor. All media materials are available at this link:

http:/catholicclimatecovenant.org/resources/feast-of-st-francis-2014

Let's engage in enlightenment.



## **Storm Schedule:**

Please know that People Program will always follow the Orleans Parish Public School closing announcements. If the schools are closed, we are closed. Thanks! Anna Rita Williamson has a pair of size 8 tap shoes for sale for \$8. You can reach her at 504-282-4165 or 504-881-8010.



#### **Prayers Needed**

Anna Rita Williamson Shelley McClanahan Richard Beverly **Doris Philips** Jackie Juge Patricia Greenfield Kenwyn Lagarde Thyra Lagarde Grace Harrison Lory Rummel Deena Manguno Carey Simmons (Daughter of Marcy Fertel) Tay D'Amour Gaytana Adde James Adams



Laugh Lines

One day a stud walked into the barber shop and sat down. He was fixin' to go out that night and was gettin' all decked out.

He even had a pretty manicurist doing his nails. He struck up a conversation with her.

"Hey. You look pretty good. I'm new in town. Would you like to go out with me? What do you think?"

"No. I'm a married woman. I don't think my husband would like that," she says.

"I don't think your husband would mind," says the stud. "I think he might even laugh about it. Come on. Why don't you ask your husband if you can go out with me?"

"Why don't you ask him yourself," she says. "He's the one shaving you."

